

Sequence for **PUTTING ON** PPE

First Step:
Put on Hairnet



Second Step:
Hand Hygiene



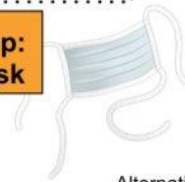
Third Step:
Put on Gown

a second operator should assist in closing up the back.



N95, FFP2 or FFP3 recommended; fitting test should be done after putting on the face

Fourth Step:
Put on Mask



Alternatives if N95, FFP2 or FFP3 not available

Fifth Step:
Put on Goggles



Sixth Step: Put on Gloves

One inner pair of gloves covering the skin up to the wrist and second outer pair of gloves go over the gown up to the wrist

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Sequence for **REMOVING** PPE During COVID19

First Step:
Hand Hygiene



Second Step:
Remove Gloves



Third Step:
Hand Hygiene



Fourth Step:
Put on new Gloves

to prevent self-contamination



Fifth Step:
Remove Gown

A second operator should assist in untying the back



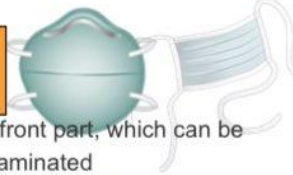
Sixth Step:
Remove Goggles

Avoid touching the front part, which can be contaminated



Seventh Step:
Remove Mask

Avoid touching the front part, which can be contaminated



Eighth Step:
Remove Hairnet



Ninth Step:
Remove Gloves



Tenth Step:
Hand Hygiene



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